

Modified Bowel Prep

Items to get: MoviPrep (at pharmacy) and Clear Liquids.

Follow the instruction the day before the surgery:

Breakfast – light

Lunch & Dinner - Clear Liquids

Clear liquids may consist of: Jello, broths, tea, clear juices (white cranberry, apple, white grape, and protein waters – no red or purple fluids)

Please follow the directions below with the MoviPrep.

When you wake up in the morning:

Empty 1 pouch A and 1 pouch B into disposable container. Add lukewarm water to the top line of the container. Mix to dissolve and refrigerate;

At Noon:

The MoviPrep container is divided by 4 marks. Every 15 minutes drink the solution to the next mark (approximately 8 ounces), until the full liter is consumed. Drink 16 ounces of clear liquids of your choice.

Beginning at 5pm:

Repeat the above with second liter of newly mixed solution followed by 16 ounces of clear liquids of your choice.

After midnight: Nothing by mouth – not even water.

Please notify us if you notice any of the following:

Severe abdominal pain

Vomiting

No bowel movement after completing the entire prep.

Contact us at 847. 466.7260; if you have any question.